

1. Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	15	35.7	35.7	35.7
	Perempuan	27	64.3	64.3	100.0
	Total	42	100.0	100.0	

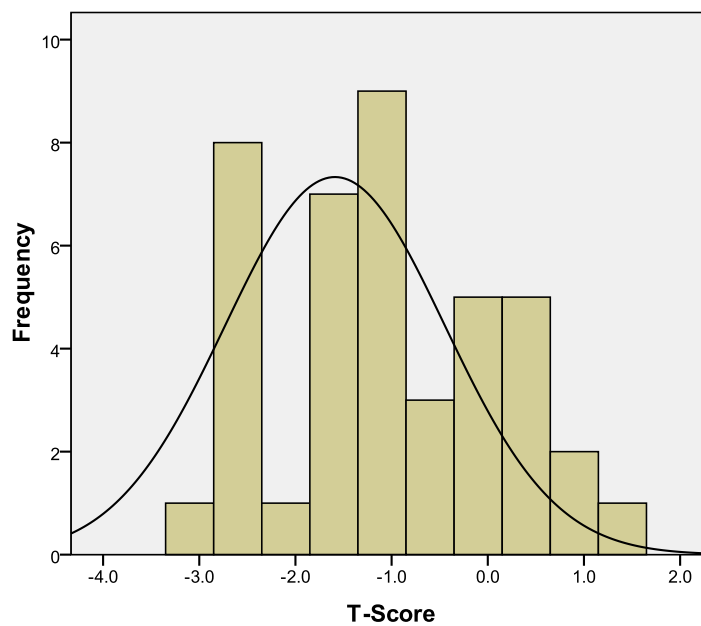
2. Tingkat Kepadatan Mineral Tulang

Statistics

T-Score

N	Valid	42
	Missing	0
Mean		-1.048
Median		-1.100
Mode		-2.6
Std. Deviation		1.1581
Minimum		-3.1
Maximum		1.2

Histogram



Mean = -1.05
Std. Dev. = 1.158
N = 42

T-Score

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid -3.1	1	2.4	2.4	2.4
-2.8	1	2.4	2.4	4.8
-2.6	7	16.7	16.7	21.4
-1.9	1	2.4	2.4	23.8
-1.7	2	4.8	4.8	28.6
-1.6	1	2.4	2.4	31.0
-1.5	2	4.8	4.8	35.7
-1.4	2	4.8	4.8	40.5
-1.3	1	2.4	2.4	42.9
-1.2	2	4.8	4.8	47.6
-1.1	3	7.1	7.1	54.8
-1.0	1	2.4	2.4	57.1
-.9	2	4.8	4.8	61.9
-.7	1	2.4	2.4	64.3
-.6	1	2.4	2.4	66.7
-.5	1	2.4	2.4	69.0
-.3	2	4.8	4.8	73.8
-.1	1	2.4	2.4	76.2
.0	2	4.8	4.8	81.0
.2	1	2.4	2.4	83.3
.5	2	4.8	4.8	88.1
.6	2	4.8	4.8	92.9
.7	1	2.4	2.4	95.2
.8	1	2.4	2.4	97.6
1.2	1	2.4	2.4	100.0
Total	42	100.0	100.0	

3. Olahraga dan Minuman Penghambat Penyerapan Kalsium

Statistics

		Olahraga	Minuman Penghambat
N	Valid	42	42
	Missing	0	0
Mean		1.55	1.24
Median		2.00	1.00
Mode		2	1
Std. Deviation		.504	.431
Minimum		1	1
Maximum		2	2

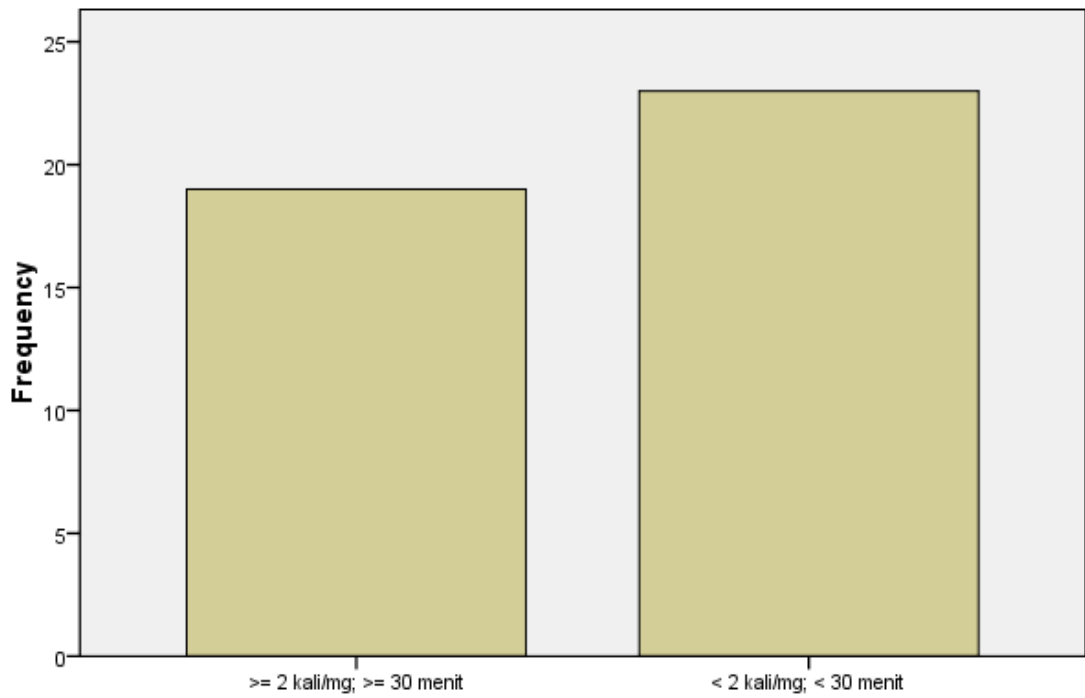
Olahraga

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	>= 2 kali/mg; >= 30 menit	19	45.2	45.2	45.2
	< 2 kali/mg; < 30 menit	23	54.8	54.8	100.0
Total		42	100.0	100.0	

Minuman Penghambat

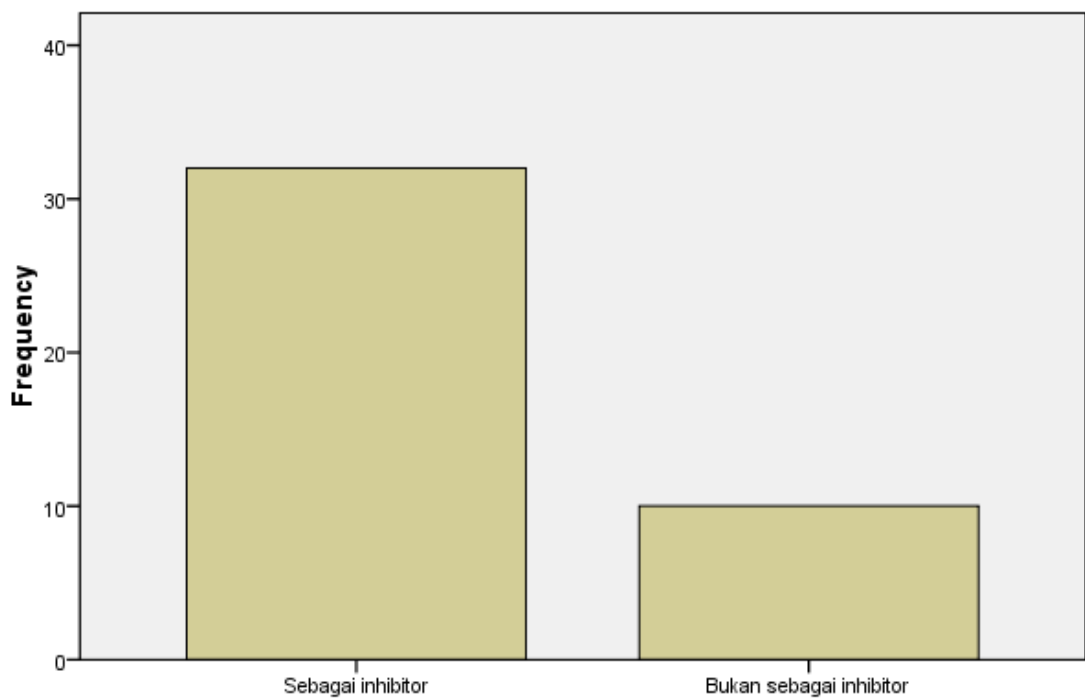
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Sebagai inhibitor	32	76.2	76.2	76.2
	Bukan sebagai inhibitor	10	23.8	23.8	100.0
Total		42	100.0	100.0	

Olahraga



Olahraga

Minuman Penghambat



Minuman Penghambat

4. Asupan Zat Gizi

Statistics

		Asupan Kalsium	Asupan Vitamin D	Asupan Fosfor	Asupan Protein
N	Valid	42	42	42	42
	Missing	0	0	0	0
Mean		343.1833	2.8619	786.9574	61.5893
Median		290.1250	2.2750	774.8500	62.2750
Mode		90.40 ^a	.30	411.40 ^a	62.30 ^a
Std. Deviation		198.49029	2.30201	209.17126	15.52056
Minimum		90.40	.00	411.40	37.25
Maximum		694.00	8.35	1216.95	102.90

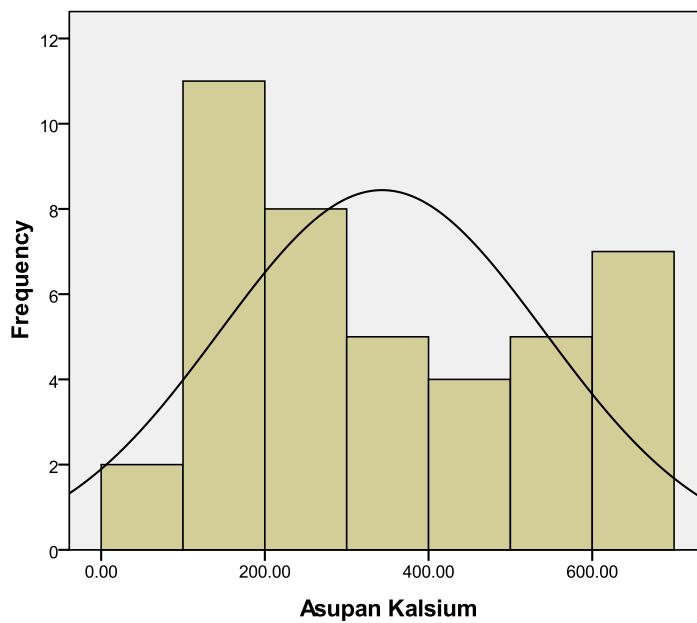
a. Multiple modes exist. The smallest value is shown

Asupan Kalsium

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	90.40	1	2.4	2.4	2.4
	94.45	1	2.4	2.4	4.8
	113.80	1	2.4	2.4	7.1
	123.15	1	2.4	2.4	9.5
	125.05	1	2.4	2.4	11.9
	128.40	1	2.4	2.4	14.3
	131.95	1	2.4	2.4	16.7
	133.45	1	2.4	2.4	19.0
	148.55	1	2.4	2.4	21.4
	153.30	1	2.4	2.4	23.8
	160.80	1	2.4	2.4	26.2
	173.60	1	2.4	2.4	28.6
	193.00	1	2.4	2.4	31.0
	201.35	1	2.4	2.4	33.3
	204.60	1	2.4	2.4	35.7
	206.40	1	2.4	2.4	38.1
	223.25	1	2.4	2.4	40.5
	224.25	1	2.4	2.4	42.9
	233.05	1	2.4	2.4	45.2
	236.65	1	2.4	2.4	47.6
275.00	1	2.4	2.4	50.0	
305.25	1	2.4	2.4	52.4	

330.60	1	2.4	2.4	54.8
337.35	1	2.4	2.4	57.1
392.60	1	2.4	2.4	59.5
398.45	1	2.4	2.4	61.9
410.45	1	2.4	2.4	64.3
444.70	1	2.4	2.4	66.7
459.20	1	2.4	2.4	69.0
491.60	1	2.4	2.4	71.4
507.40	1	2.4	2.4	73.8
508.35	1	2.4	2.4	76.2
508.60	1	2.4	2.4	78.6
594.60	1	2.4	2.4	81.0
598.80	1	2.4	2.4	83.3
600.00	1	2.4	2.4	85.7
623.85	1	2.4	2.4	88.1
650.50	1	2.4	2.4	90.5
652.55	1	2.4	2.4	92.9
659.60	1	2.4	2.4	95.2
670.80	1	2.4	2.4	97.6
694.00	1	2.4	2.4	100.0
Total	42	100.0	100.0	

Asupan Kalsium

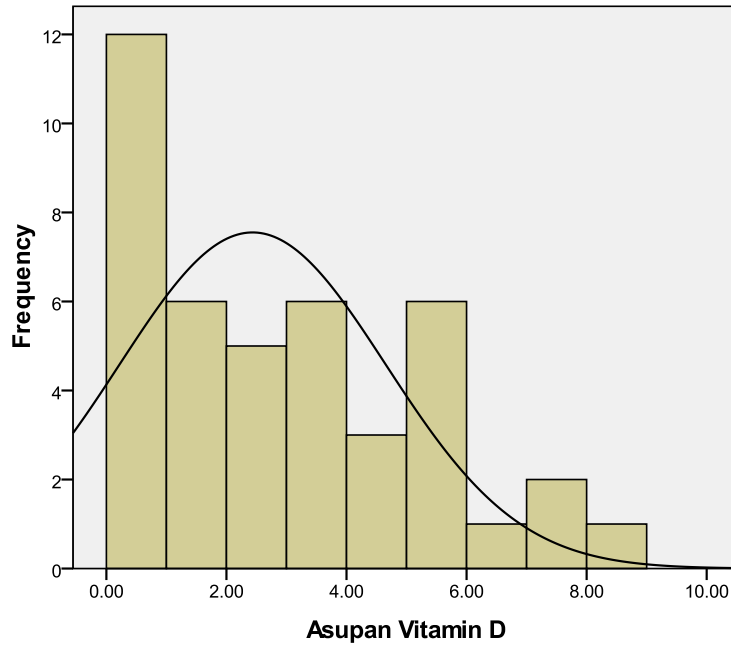


Mean =343.18
Std. Dev. =198.49
N =42

Asupan Vitamin D

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	.00	2	4.8	4.8	4.8
	.30	4	9.5	9.5	14.3
	.55	1	2.4	2.4	16.7
	.65	1	2.4	2.4	19.0
	.70	1	2.4	2.4	21.4
	.75	1	2.4	2.4	23.8
	.80	2	4.8	4.8	28.6
	1.00	2	4.8	4.8	33.3
	1.05	1	2.4	2.4	35.7
	1.55	1	2.4	2.4	38.1
	1.60	1	2.4	2.4	40.5
	1.70	1	2.4	2.4	42.9
	2.05	1	2.4	2.4	45.2
	2.15	1	2.4	2.4	47.6
	2.20	1	2.4	2.4	50.0
	2.35	1	2.4	2.4	52.4
	2.80	1	2.4	2.4	54.8
	3.15	1	2.4	2.4	57.1
	3.35	1	2.4	2.4	59.5
	3.50	1	2.4	2.4	61.9
	3.55	2	4.8	4.8	66.7
	3.85	1	2.4	2.4	69.0
	4.20	3	7.1	7.1	76.2
	5.05	1	2.4	2.4	78.6
	5.15	1	2.4	2.4	81.0
	5.30	1	2.4	2.4	83.3
	5.40	2	4.8	4.8	88.1
	5.90	1	2.4	2.4	90.5
	6.40	1	2.4	2.4	92.9
	7.20	1	2.4	2.4	95.2
	7.60	1	2.4	2.4	97.6
	8.35	1	2.4	2.4	100.0
	Total	42	100.0	100.0	

Asupan Vitamin D

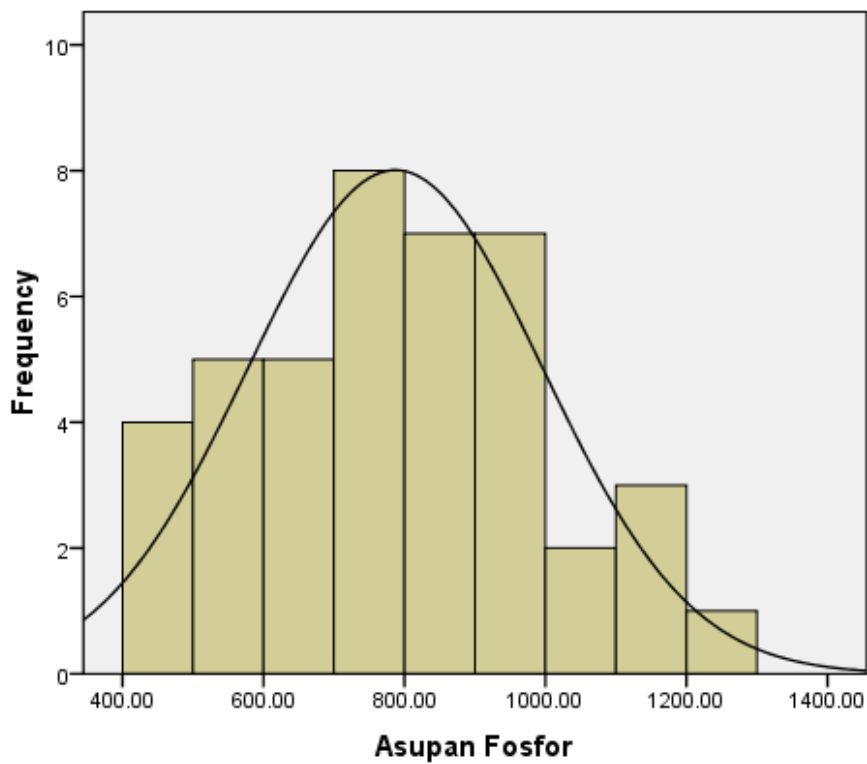


Asupan Fosfor

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	411.40	1	2.4	2.4	2.4
	416.80	1	2.4	2.4	4.8
	463.60	1	2.4	2.4	7.1
	473.30	1	2.4	2.4	9.5
	519.65	1	2.4	2.4	11.9
	538.60	1	2.4	2.4	14.3
	554.60	1	2.4	2.4	16.7
	557.20	1	2.4	2.4	19.0
	599.30	1	2.4	2.4	21.4
	601.30	1	2.4	2.4	23.8
	623.60	1	2.4	2.4	26.2
	645.60	1	2.4	2.4	28.6
	677.15	1	2.4	2.4	31.0
	684.20	1	2.4	2.4	33.3
	702.50	1	2.4	2.4	35.7
	703.50	1	2.4	2.4	38.1
	709.71	1	2.4	2.4	40.5
	720.10	1	2.4	2.4	42.9
	764.90	1	2.4	2.4	45.2
	768.45	1	2.4	2.4	47.6
	770.85	1	2.4	2.4	50.0
	778.85	1	2.4	2.4	52.4
	839.70	1	2.4	2.4	54.8
	852.55	1	2.4	2.4	57.1
	869.30	1	2.4	2.4	59.5

877.70	1	2.4	2.4	61.9
878.30	1	2.4	2.4	64.3
878.70	1	2.4	2.4	66.7
884.90	1	2.4	2.4	69.0
900.60	1	2.4	2.4	71.4
908.25	1	2.4	2.4	73.8
925.75	1	2.4	2.4	76.2
926.60	1	2.4	2.4	78.6
947.30	1	2.4	2.4	81.0
980.80	1	2.4	2.4	83.3
984.50	1	2.4	2.4	85.7
1000.25	1	2.4	2.4	88.1
1067.30	1	2.4	2.4	90.5
1115.00	1	2.4	2.4	92.9
1127.00	1	2.4	2.4	95.2
1185.60	1	2.4	2.4	97.6
1216.95	1	2.4	2.4	100.0
Total	42	100.0	100.0	

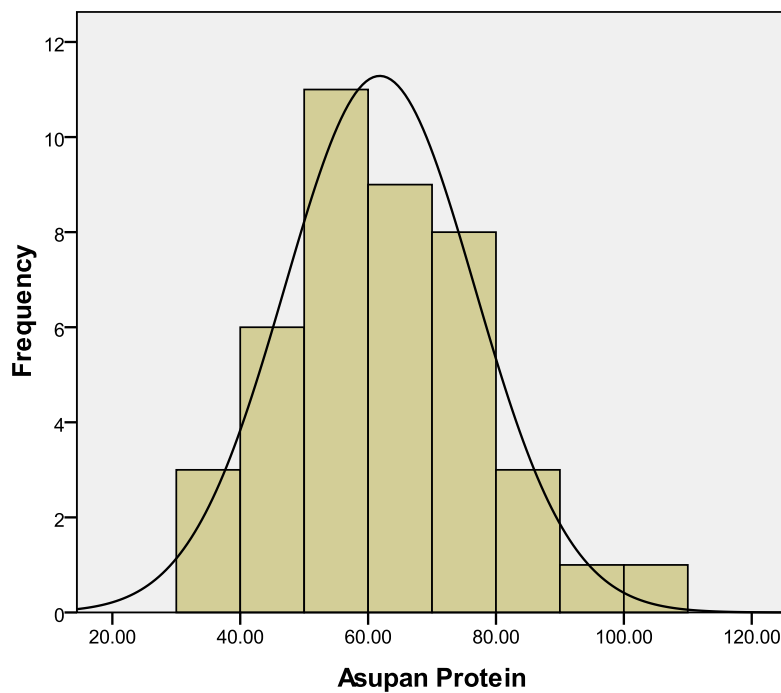
Asupan Fosfor



Asupan Protein

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	37.25	1	2.4	2.4	2.4
	38.15	1	2.4	2.4	4.8
	39.15	1	2.4	2.4	7.1
	40.50	1	2.4	2.4	9.5
	40.85	1	2.4	2.4	11.9
	41.65	1	2.4	2.4	14.3
	42.50	1	2.4	2.4	16.7
	47.50	1	2.4	2.4	19.0
	49.00	1	2.4	2.4	21.4
	50.20	1	2.4	2.4	23.8
	50.75	1	2.4	2.4	26.2
	51.80	1	2.4	2.4	28.6
	52.05	1	2.4	2.4	31.0
	52.50	1	2.4	2.4	33.3
	53.50	1	2.4	2.4	35.7
	53.80	1	2.4	2.4	38.1
	54.10	1	2.4	2.4	40.5
	54.80	1	2.4	2.4	42.9
	57.00	1	2.4	2.4	45.2
	59.40	1	2.4	2.4	47.6
	62.25	1	2.4	2.4	50.0
	62.30	2	4.8	4.8	54.8
	63.25	1	2.4	2.4	57.1
	65.65	1	2.4	2.4	59.5
	66.25	2	4.8	4.8	64.3
	67.50	1	2.4	2.4	66.7
	67.90	1	2.4	2.4	69.0
	70.65	1	2.4	2.4	71.4
	70.95	1	2.4	2.4	73.8
	71.60	1	2.4	2.4	76.2
	73.90	1	2.4	2.4	78.6
	74.05	1	2.4	2.4	81.0
	75.10	1	2.4	2.4	83.3
	75.50	1	2.4	2.4	85.7
	79.45	1	2.4	2.4	88.1
	82.75	1	2.4	2.4	90.5
	83.55	1	2.4	2.4	92.9
	85.80	1	2.4	2.4	95.2
	90.45	1	2.4	2.4	97.6
	102.90	1	2.4	2.4	100.0
	Total	42	100.0	100.0	

Asupan Protein



5. Indeks Massa Tubuh

Statistics

Indeks Massa Tubuh Num

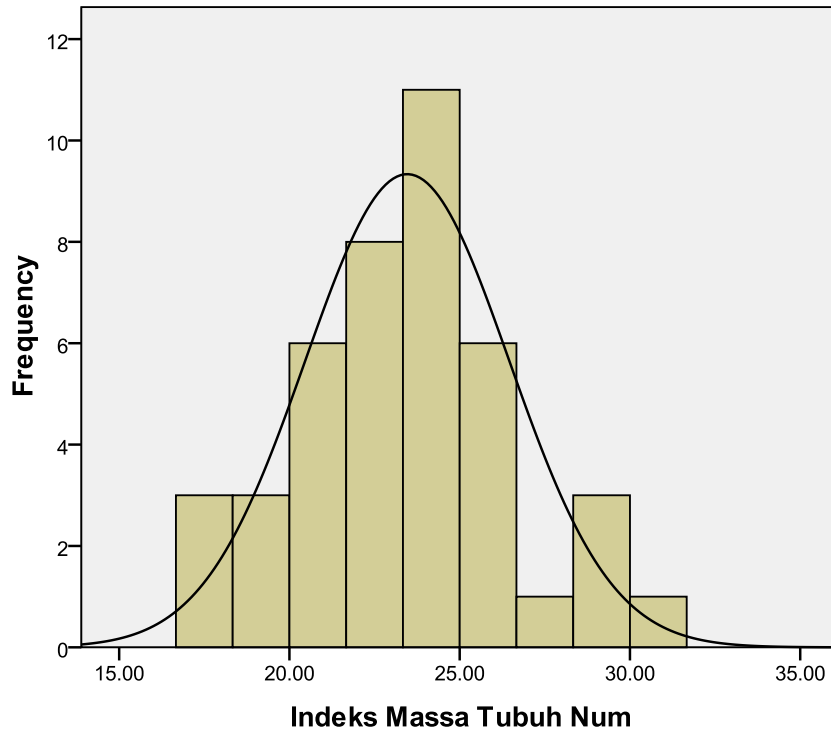
N	Valid	42
	Missing	0
Mean		23.5055
Median		23.9000
Mode		20.80 ^a
Std. Deviation		3.30899
Minimum		16.80
Maximum		31.60

a. Multiple modes exist. The smallest value is shown

Indeks Massa Tubuh Num

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	16.80	1	2.4	2.4	2.4
	17.50	1	2.4	2.4	4.8
	17.57	1	2.4	2.4	7.1
	19.16	1	2.4	2.4	9.5
	19.97	1	2.4	2.4	11.9
	20.00	1	2.4	2.4	14.3
	20.40	1	2.4	2.4	16.7
	20.60	1	2.4	2.4	19.0
	20.80	2	4.8	4.8	23.8
	21.10	1	2.4	2.4	26.2
	21.60	1	2.4	2.4	28.6
	21.90	1	2.4	2.4	31.0
	22.10	1	2.4	2.4	33.3
	22.30	1	2.4	2.4	35.7
	22.40	2	4.8	4.8	40.5
	22.70	1	2.4	2.4	42.9
	22.80	2	4.8	4.8	47.6
	23.60	1	2.4	2.4	50.0
	24.20	1	2.4	2.4	52.4
	24.30	1	2.4	2.4	54.8
	24.40	2	4.8	4.8	59.5
	24.50	1	2.4	2.4	61.9
	24.60	2	4.8	4.8	66.7
	24.80	2	4.8	4.8	71.4
	24.93	1	2.4	2.4	73.8
	25.20	1	2.4	2.4	76.2
	25.40	1	2.4	2.4	78.6
	25.50	1	2.4	2.4	81.0
	25.80	1	2.4	2.4	83.3
	26.00	1	2.4	2.4	85.7
	26.30	1	2.4	2.4	88.1
	28.30	1	2.4	2.4	90.5
	28.40	1	2.4	2.4	92.9
	29.90	1	2.4	2.4	95.2
	30.00	1	2.4	2.4	97.6
	31.60	1	2.4	2.4	100.0
	Total	42	100.0	100.0	

Histogram



Mean =23.51
Std. Dev. =3.309
N=42

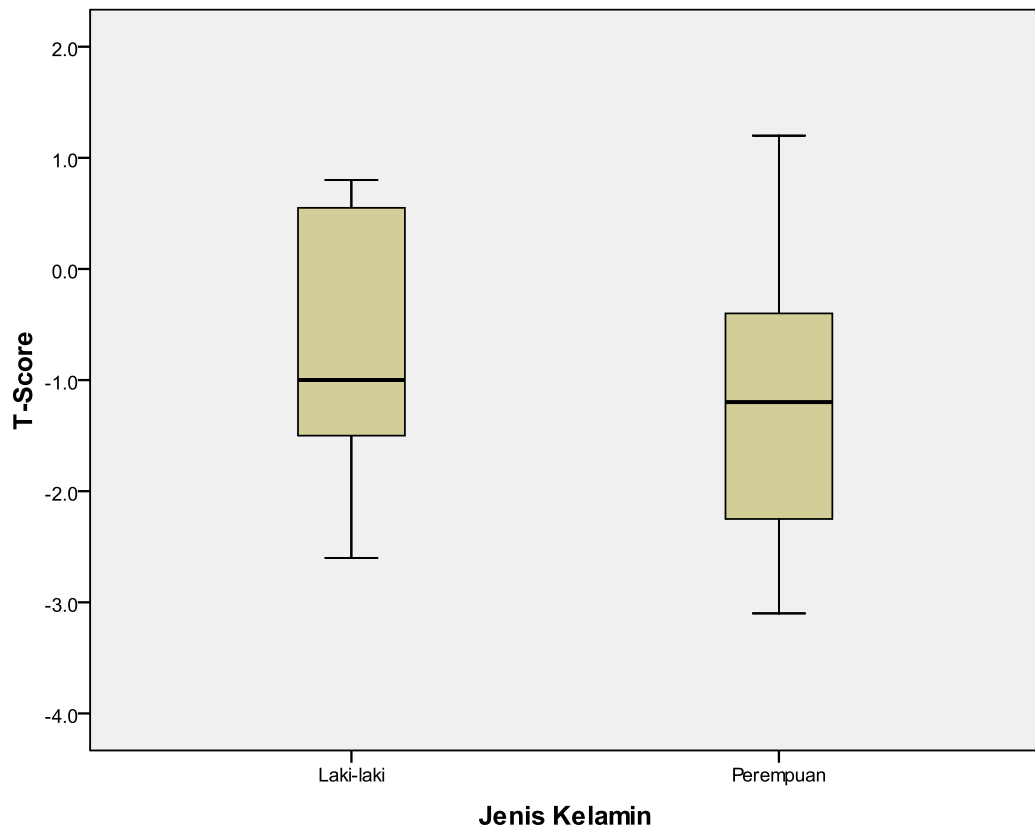
6. Jenis Kelamin dengan Tingkat Kepadatan Tulang

Group Statistics

	Jenis Kelamin	N	Mean	Std. Deviation	Std. Error Mean
T-Score	Laki-laki	15	-.707	1.1817	.3051
	Perempuan	27	-1.237	1.1219	.2159

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
								95% Confidence Interval of the Difference		
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
T-Score	Equal variances assumed	.297	.589	1.441	40	.157	.5304	.3681	-.2137	1.2744
	Equal variances not assumed			1.419	27.780	.167	.5304	.3738	-.2355	1.2963



7. Gaya Hidup dengan Tingkat Kepadatan Mineral Tulang

Group Statistics

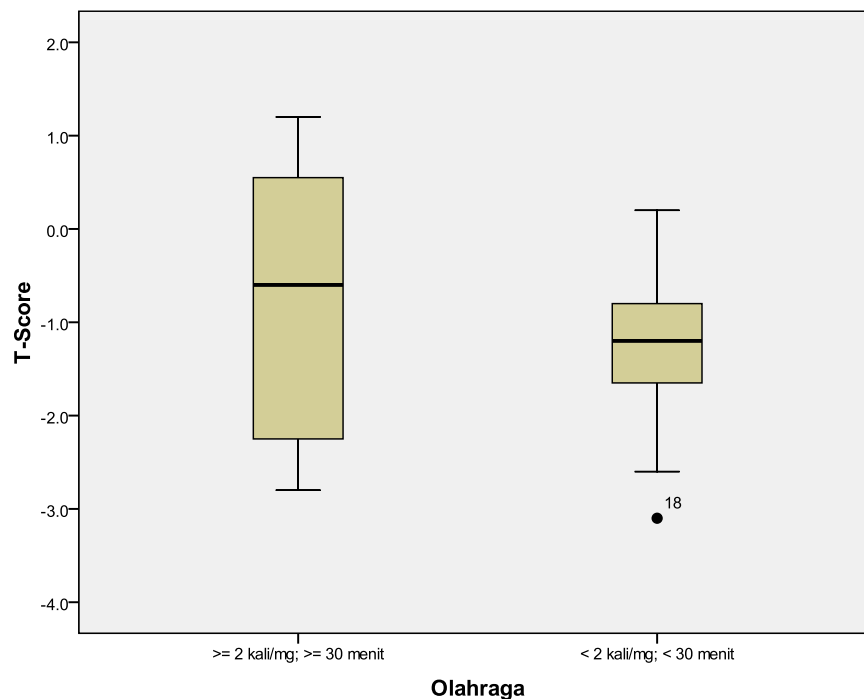
Olahraga	N	Mean	Std. Deviation	Std. Error Mean
T-Score >= 2 kali/mg; >= 30 menit	19	-.758	1.4179	.3253
< 2 kali/mg; < 30 menit	23	-1.287	.8498	.1772

Independent Samples Test

	Levene's Test for Equality of Variances	t-test for Equality of Means								
								95% Confidence Interval of the Difference		
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
T-Score	Equal variances assumed	11.908	.001	1.496	40	.143	.5291	.3537	-.1858	1.2440
	Equal variances not assumed			1.428	28.233	.164	.5291	.3704	-.2294	1.2875

Case Processing Summary

Olahraga		Cases					
		Valid		Missing		Total	
		N	Percent	N	Percent	N	Percent
T-Score	>= 2 kali/mg; >= 30 menit	19	100.0%	0	.0%	19	100.0%
	< 2 kali/mg; < 30 menit	23	100.0%	0	.0%	23	100.0%

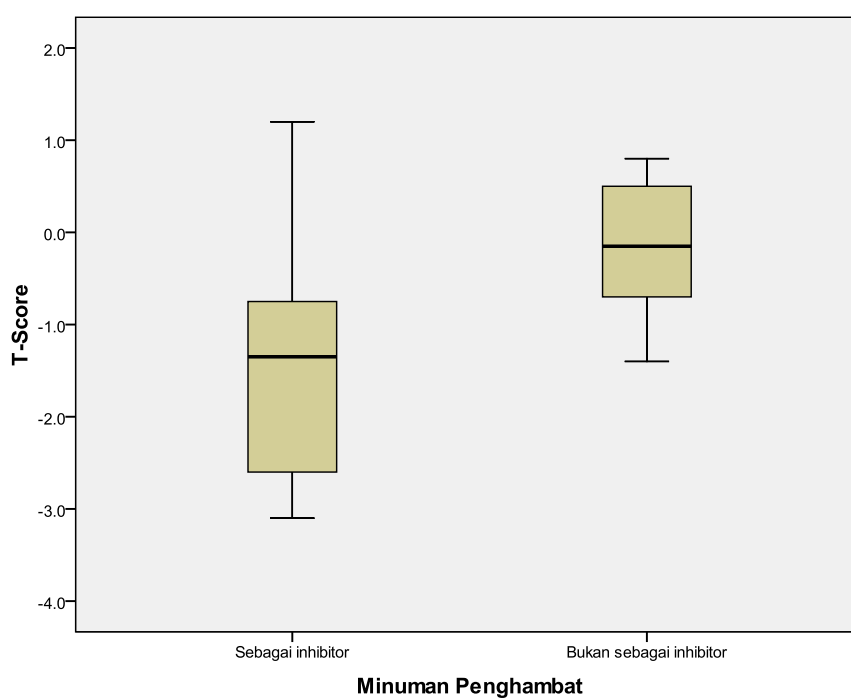


Group Statistics

Minuman Penghambat		N	Mean	Std. Deviation	Std. Error Mean
T-Score	Sebagai inhibitor	32	-1.325	1.1342	.2005
	Bukan sebagai inhibitor	10	-.160	.7276	.2301

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
								95% Confidence Interval of the Difference		
		F	Sig.	T	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
T-Score	Equal variances assumed	1.590	.215	-3.044	40	.004	-1.1650	.3827	-1.9385	-.3915
	Equal variances not assumed			-3.817	23.865	.001	-1.1650	.3052	-1.7950	-.5350



8. Asupan Zat Gizi dengan Tingkat Kepadatan Mineral Tulang

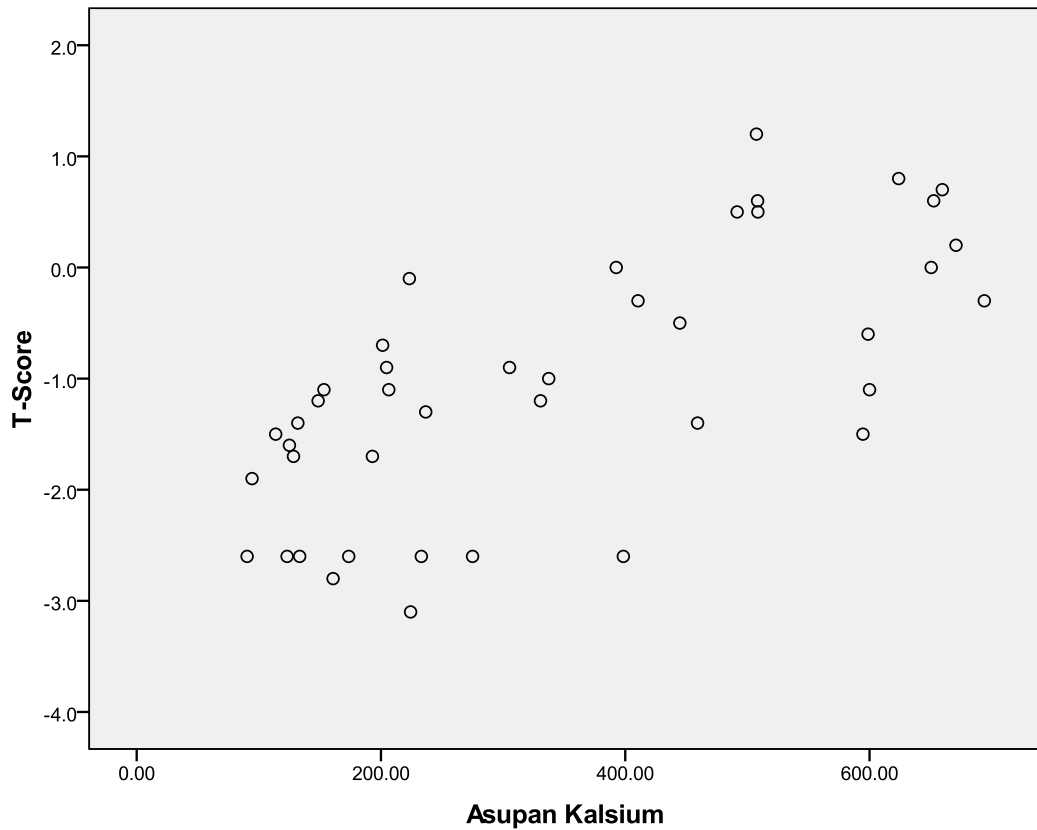
Descriptive Statistics

	Mean	Std. Deviation	N
Asupan Kalsium	343.1833	198.49029	42
T-Score	-1.048	1.1581	42

Correlations

		Asupan Kalsium	T-Score
Asupan Kalsium	Pearson Correlation	1	.692**
	Sig. (2-tailed)		.000
	N	42	42
T-Score	Pearson Correlation	.692**	1
	Sig. (2-tailed)	.000	
	N	42	42

** . Correlation is significant at the 0.01 level (2-tailed).



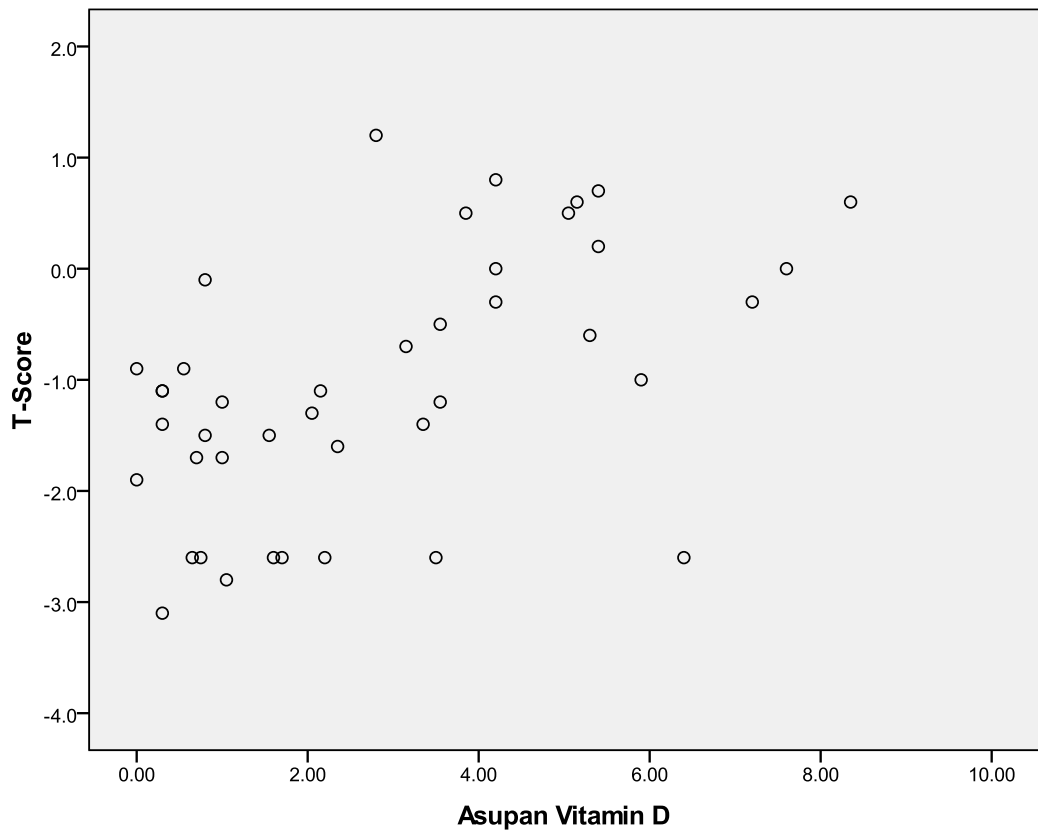
Descriptive Statistics

	Mean	Std. Deviation	N
Asupan Vitamin D	2.8619	2.30201	42
T-Score	-1.048	1.1581	42

Correlations

		Asupan Vitamin D	T-Score
Asupan Vitamin D	Pearson Correlation	1	.540**
	Sig. (2-tailed)		.000
	N	42	42
T-Score	Pearson Correlation	.540**	1
	Sig. (2-tailed)	.000	
	N	42	42

** . Correlation is significant at the 0.01 level (2-tailed).



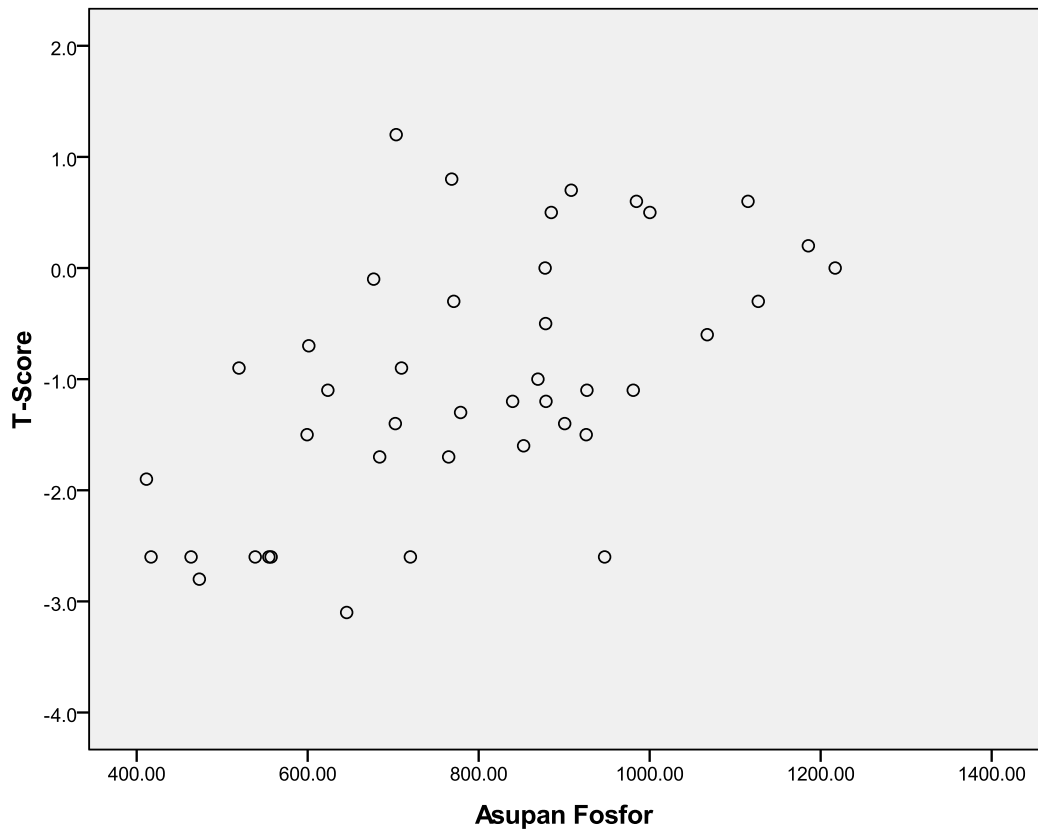
Descriptive Statistics

	Mean	Std. Deviation	N
Asupan Fosfor	786.9574	209.17126	42
T-Score	-1.048	1.1581	42

Correlations

		Asupan Fosfor	T-Score
Asupan Fosfor	Pearson Correlation	1	.585**
	Sig. (2-tailed)		.000
	N	42	42
T-Score	Pearson Correlation	.585**	1
	Sig. (2-tailed)	.000	
	N	42	42

** . Correlation is significant at the 0.01 level (2-tailed).



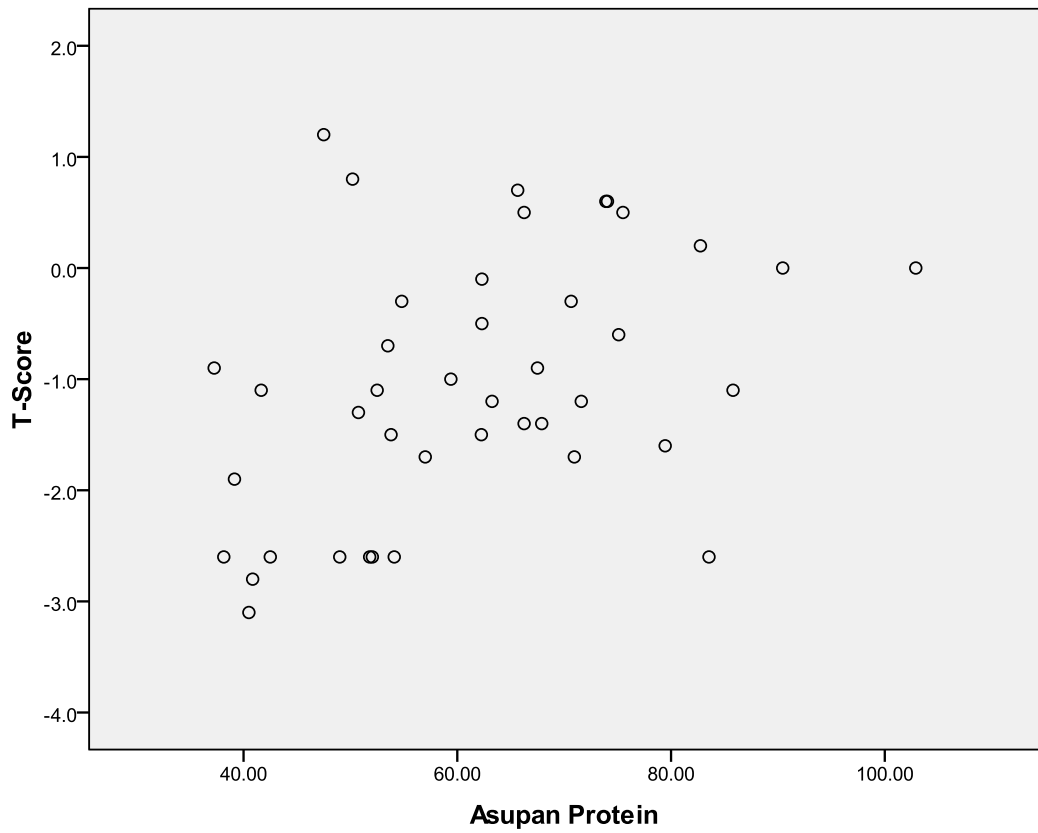
Descriptive Statistics

	Mean	Std. Deviation	N
Asupan Protein	61.5893	15.52056	42
T-Score	-1.048	1.1581	42

Correlations

		Asupan Protein	T-Score
Asupan Protein	Pearson Correlation	1	.416**
	Sig. (2-tailed)		.006
	N	42	42
T-Score	Pearson Correlation	.416**	1
	Sig. (2-tailed)	.006	
	N	42	42

** . Correlation is significant at the 0.01 level (2-tailed).



9. IMT dengan Tingkat Kepadatan Mineral Tulang

Descriptive Statistics

	Mean	Std. Deviation	N
Indeks Massa Tubuh Num	23.5055	3.30899	42
T-Score	-1.048	1.1581	42

Correlations

		Indeks Massa Tubuh Num	T-Score
Indeks Massa Tubuh Num	Pearson Correlation	1	.328*
	Sig. (2-tailed)		.034
	N	42	42
T-Score	Pearson Correlation	.328*	1
	Sig. (2-tailed)	.034	
	N	42	42

*. Correlation is significant at the 0.05 level (2-tailed).

